

**BODY IMAGE:
A Selected Reading List from the WRRC Library**

All of these books and *many* more can be found at the WRRC Library, 1st Floor, North Hall. ★ indicates book may be checked out.

The Adonis Complex: The Secret Crisis of Male Body Obsession. Harrison G. Pope, Jr., Katherine A. Phillips, & Roberto Olivardia (2000) ★

The Beauty Myth: How Images of Beauty Are Used Against Women. Naomi Wolf (1991, 1992) ★

The Body Myth: Adult Women and the Pressure to Be Perfect. Margo Maine & Joe Kelly (2005)

Body Outlaws: Rewriting the Rules Of Beauty and Body Image. Ophira Edut (1998, 2003) ★

The Body Project: An Intimate History of American Girls. Joan Jacobs Brumberg (1997)

The Cost of Competence: Why Inequality Causes Depression, Eating Disorders, and Illness in Women. Brett Silverstein & Deborah Perlick (1995)

Hunger Pains: The Modern Woman's Tragic Quest for Thinness. Mary Pipher (1995, 1997) ★

A Hunger So Wide and So Deep: A Multiracial View of Women's Eating Problems. Becky W. Thompson (1994, 1996) ★

The Invisible Woman: Confronting Weight Prejudice in America. Charisse W. Goodman (1995) ★

Living Large! Affirmations For Living the Life You Want In the Body You Already Have. Cher K. Erdman (2003)

Looking Good: Male Body Image in Modern America. Lynne Luciano (2001)

Looking Queer: Body Image and Identity in Lesbian, Bisexual, Gay and Transgender Communities. Dawn Atkins (1998)

Making the Body Beautiful: A Cultural History of Aesthetic Surgery. Sander L. Gilman (1999) ★

Never Too Thin: Why Women Are at War with Their Bodies. Roberta Pollack Seid (1989) ★

The Politics of Women's Bodies; Sexuality, Appearance and Behavior. Rose Weitz (2003) ★

Skin Deep, Spirit Strong: The Black Female Body in American Culture. Kimberly Wallace-Sanders (2002)